

# Massage Intake Form

## Personal Information

(existing patients only need to fill in name and DOB)

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_

Preferred Phone \_\_\_\_\_ (Home/Cell/Work) Primary Physician \_\_\_\_\_

Email \_\_\_\_\_ How did you hear about us? \_\_\_\_\_

Occupation \_\_\_\_\_ Employer \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_

## Medical Information

Are you taking any medications?  Yes  No

If yes, please list name and use: \_\_\_\_\_

Are you currently pregnant?  Yes  No

If yes, how far along? \_\_\_\_\_

Any high risk factors? \_\_\_\_\_

Do you suffer from chronic pain?  Yes  No

If yes, please explain \_\_\_\_\_

What makes it better? \_\_\_\_\_

What makes it worst? \_\_\_\_\_

Have you had any orthopedic injuries?  Yes  No

If yes, please list: \_\_\_\_\_

Please indicate any of the following that apply to you.

- |  |   |
|--|---|
| <input type="checkbox"/> Cancer                  | <input type="checkbox"/> Fibromyalgia       |
| <input type="checkbox"/> Headaches/Migraines     | <input type="checkbox"/> Stroke             |
| <input type="checkbox"/> Arthritis               | <input type="checkbox"/> Heart Attack       |
| <input type="checkbox"/> Diabetes                | <input type="checkbox"/> Kidney Dysfunction |
| <input type="checkbox"/> Joint Replacement(s)    | <input type="checkbox"/> Blood Clots        |
| <input type="checkbox"/> High/Low Blood Pressure | <input type="checkbox"/> Numbness           |
| <input type="checkbox"/> Neuropathy              | <input type="checkbox"/> Sprains or Strains |

Explain any conditions marked above:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Massage Information

Have you had a professional massage before?

Yes  No

If yes, when was your last massage: \_\_\_\_\_

Frequency of massages? \_\_\_\_\_

What are your goals for this treatment session?

\_\_\_\_\_  
\_\_\_\_\_

What type of massage are you seeking?

Relaxation  Therapeutic/Deep Tissue

Other: \_\_\_\_\_

What pressure do you prefer?

Light  Medium  Deep (**\$10 extra**)

Do you have any allergies or sensitivities?  Yes  No

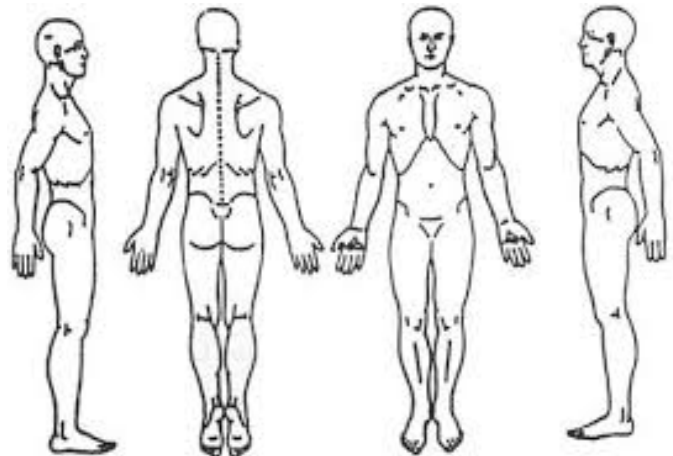
If yes, please explain: \_\_\_\_\_

Are there any areas (feet, face, abdomen, etc.) that you do not want massaged?  Yes  No

If yes, please list: \_\_\_\_\_

\_\_\_\_\_

Please circle any areas of discomfort



(Over)

# **Policies**

## **Cancellations**

A 24 hour notice is required to cancel or reschedule your massage appointment. If you are unable to keep your appointment for any reason please call the office to reschedule. If we do not receive a minimum of 24 hours notice for any cancelled or rescheduled appointments, you may be charged the full amount for your visit. \_\_\_\_\_ (patient initials)

Our massage therapists are committed to providing all their patients with exceptional care. When a patient cancels without giving enough notice, they prevent another patient from being treated which also directly results in lost revenue for the massage therapist. \_\_\_\_\_ (patient initials)

Gift Certificates and promotional offers, including complimentary or free massage services, are subject to the same policy. \_\_\_\_\_ (patient initials)

## **Session**

Each session ends 2-5 minutes early in order for each client to have time to slowly get up and dress after their session. \_\_\_\_\_ (patient initials)

If you are late for your appointment, your session will still end at the scheduled time and full payment is due. \_\_\_\_\_ (patient initials)

## **Rights**

Patients have the right to stop treatment at anytime for any reason. \_\_\_\_\_ (patient initials)

Massage Therapists have the right to refuse treatment to anyone who has a medical condition that is unsafe for massage therapy, or anyone that has an outstanding balance. \_\_\_\_\_ (patient initials)

I understand that massage therapy is not a substitute for medical care. Massage therapists cannot prescribe, treat, or give medical diagnosis and nothing said during the session should be considered as such. I affirm that i have listed all medical conditions and answered all questions honestly. I agree to inform the therapist of any experience of pain during the session. I agree to update the massage therapist in regard to changes in my health and understand that there shall be no liability on the therapist's part. I agree to hold harmless the establishment, all management, including volunteers, from and against any and all claims.

I have read and agree with all policies, including the Cancellation Policy.

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

Therapist Signature \_\_\_\_\_ Date \_\_\_\_\_